**Curriculum**

**8th Grade Physical Education –**

**Teambuilding**

**Course Overview**

SPORT TYPE: Problem solving, team

**Department Standards**

* The students will develop an understanding, through experience, of the benefits of participation in physical activity throughout life;
* The student will experience a sense of achievement through achieving competence in physical activity thereby helping to raise self-esteem;
* The student will develop the personal qualities of cooperation, good sportsmanship, honesty, confidence and respect for others that will allow the student to work with others to realise common goals and objectives;
* The student will develop the physical skills and techniques of body management and coordination to allow the student to cope with a variety of physical tasks;
* The student will develop an appreciation of creative and aesthetic qualities;
* The student will develop problem solving skills;
* The student will develop communication and leadership skills;
* The student will engage in the processes of discovery and enquiry through creative and imaginative physical activity;
* The student will develop the confidence necessary to participate in any form of physical activity in new surroundings with people hitherto unknown.

**Benchmarks**:

To develop cooperative and team work skills

To develop effective problem solving skills and apply these skills appropriately

To develop creative thinking during problem solving activities

To develop positive communication and leadership skills in non-competitive group situations

To develop an understanding of safe practice including appropriate use of the equipment

**Performance Indicators**

1) Consistently display evidence of cooperative work including the ability to stay focused on the task at hand whilst work with a variety of people in the class

2) Demonstrate a good understanding of safe practice related to oneself, others and equipment

3) Demonstrate appropriate creativity when working to solve a group problem

4) Display the ability to problem solve by recognising the potential for multiple solutions

5) Display the ability to verbally contribute ideas when problem solving

6) Show evidence of encouragement of others in the group

**Assessments**

Teacher observation

Peer evaluation

**Core Topics**

**Specific Content**

Participation in a variety of stations including:

Problem solving (PI 1, 3, 4, 5)

Team building (PI 1, 3, 4, 6)

Trust (PI 1, 4, 5, 6)

Use of station cards and instruction to clarify any given task and safety expectations (PI 1, 2)

**Resources**

8th Grade ‘Station cards’

Clipboards

Team building equipment and props as outlined on the station cards

Cones

Whistle

Stopwatch/central timekeeping mechanism