**Curriculum**

**6th Grade Physical Education –**

**Teambuilding**

**Course Overview**

SPORT TYPE: Problem solving, team

**Department Standards**

* The students will develop an understanding, through experience, of the benefits of participation in physical activity throughout life;
* The student will experience a sense of achievement through achieving competence in physical activity thereby helping to raise self-esteem;
* The student will develop the personal qualities of cooperation, good sportsmanship, honesty, confidence and respect for others that will allow the student to work with others to realise common goals and objectives;
* The student will develop the physical skills and techniques of body management and coordination to allow the student to cope with a variety of physical tasks;
* The student will develop an appreciation of creative and aesthetic qualities;
* The student will develop problem solving skills;
* The student will develop communication and leadership skills;
* The student will engage in the processes of discovery and enquiry through creative and imaginative physical activity;
* The student will develop the confidence necessary to participate in any form of physical activity in new surroundings with people hitherto unknown.

**Benchmarks**:

To develop cooperation and team work skills

To develop effective problem solving skills and apply these skills accordingly

To develop an awareness of the need for communication in team situations, including both speaking and listening

To develop the ability to think creatively

Display an understanding for safe practice, including personal/group safety and the use of equipment

**Performance Indicators**

1) Display evidence of devising creative ways of working towards solving the problems set, whilst showing an understanding for safe practise.

2) Display the ability to communicate whilst working towards achieving a given task

3) Show evidence of creative work/thinking when attempting a solution

4) To work to the best of ones ability by staying on task whilst working in a group

5) To recognise the need for positive feedback

6) Display the ability to work in a focussed manner, using only the equipment provided at particular stations

7) Display individual and group problem solving skills

**Assessments**

Teacher observation

Peer evaluation

**Core Topics**

**Specific Content**

Participation in a variety of stations, including:

Problem solving (PI 1,2,3,4,5,6,7)

Cooperation/team work (PI 1,2,3,4,5,6,7)

Trust (PI 1,2,3,4,5,6,7);

to develop and improve communication, problem solving, cooperation

and teamwork skills

Use of station cards and verbal instructions to clarify instructions and safety expectations (PI 1,2,4)

**Resources**

6th Grade ‘Station cards’

Clipboards

Team building equipment and props as outlined on the station cards

Cones

Whistle

Stopwatch/central timekeeping mechanism