**Curriculum**

**5th Grade Physical Education – Soccer & Basketball**

**Course Overview**

SPORT TYPE: Team, invasion, hand-eye, foot-eye

**Department Standards**

* The students will develop an understanding, through experience, of the benefits of participation in physical activity throughout life;
* The student will experience a sense of achievement through achieving competence in physical activity thereby helping to raise self-esteem;
* The student will develop the personal qualities of cooperation, good sportsmanship, honesty, confidence and respect for others that will allow the student to work with others to realise common goals and objectives;
* The student will develop the physical skills and techniques of body management and coordination to allow the student to cope with a variety of physical tasks;
* The student will develop an appreciation of creative and aesthetic qualities;
* The student will develop problem solving skills;
* The student will develop communication and leadership skills;
* The student will engage in the processes of discovery and enquiry through creative and imaginative physical activity;
* The student will develop the confidence necessary to participate in any form of physical activity in new surroundings with people hitherto unknown.

**Benchmarks**:

To improve the skills of sending, receiving, travelling and shooting with a ball

To develop basic tactics of creating team space and exploiting it

To develop an understanding of the principles of attack and defence

Develop knowledge of the rules of the game.

**Performance Indicators**

Develop the ability to control the ball when sending receiving, turning, travelling with the ball and shooting and to sustain these skills under pressure

Ability to apply simple tactics to create team space and utilise the space

Awareness and application of the principles of attack and defence

Work well with partner/groups in cooperative and competitive situations.

Show and understanding of the rules of the game and good sportsmanship.

**Assessments**

Teacher observation

Teacher observation

Peer evaluation

**Core Topics**

**Specific Content**

Warm-up and cool down appropriate to the activity

Use SSGs

Develop control of the ball when dribbling, various turning skills, passing, receiving and shooting and sustain this control under pressure – e.g. 1v2, “big bad wolf’, interceptors in 1&1 passing etc.

Develop communication with partner/team mates

Develop awareness of space and other players

Develop movement into space, pass and move, draw defenders away

Develop the principles of attack and defence

Develop 1v1, 2v2, 3v3, 4v4 games on small courts with simplified rules

**Resources**

Ball each

Bibs

Cones

Goals

Throw-down lines