**Curriculum**

**IB Psychology Y2**

**Course Overview**

This course encourages the systematic and critical study of human behaviour and develops the ability to identify and critically analyse theories. It teaches the collection of, description of, and analysis of data. Students learn about the use of methodologies of research in psychology and develop an understanding of the biological, cognitive, and sociocultural influences on human behaviour.

**Department Standards**

Expected Outcomes:

1. Knowledge of and interest in history, the social and behavioral sciences and related subjects.
2. Constructive participation in a democratic society.
3. Understanding of various societies throughout history.
4. Development of critical analysis skills.
5. Development of research skills.
6. Development of communication and presentation skills.

**Benchmarks**:

1. Encouragement of the systematic and critical study of human behaviour.

2. Development of the ability to identify and critically analyse theories.

3. Collection of, description of, and analysis of data.

4. Awareness and use of methodologies of research in psychology.

5. Development of an understanding of the biological, cognitive, and sociocultural influences on human behaviour.

**Performance Indicators**

**Biological LOA Review**

SWBAT understand the 13 objectives of the Biological LOA

SWBAT answer sample IB style questions related to the 13 objectives

**Cognitive LOA Review**

SWBAT understand the 12 objectives of the Cognitive LOA

SWBAT answer sample IB style questions related to the 12 objectives

**Sociocultural LOA – Introduction**

SWBAT understand the principles, methods, strengths, and weaknesses

of the Sociocultural LOA

SWBAT cite and evaluate appropriate research from above

SWBAT discuss ethical issues in sociocultural psychology

**Sociocultural LOA – Sociocultural Cognition**

SWBAT discuss the roles of situational and dispositional factors in

explaining behaviour

SWBAT discuss two errors in attribution

SWBAT evaluate Social Identity Theory and Social Learning Theory

SWBAT discuss formation of stereotypes and their effect on behaviour

**Sociocultural LOA – Sociocultural Mechanisms**

SWBAT define terms culture, norm, more, and taboo

SWBAT discuss role of two cultural dimensions on behaviour

SWBAT define and give examples of "emic" and "etic" concepts

**Individual Assessment**

SWBAT create, produce, and assess the results of a psychological experiment

in the manner described by the IB IA guidelines

SWBAT create this experiment within all timeframes

**Human Relationships LOA - Introduction**

SWBAT understand the assumptions, methods, strengths, and weaknesses

of the Human Relationships LOA

SWBAT define and discuss altruism, prosocial and antisocial behaviour,

bystanderism

SWBAT name and discuss two research studies on cross-cultural differences

in prosocial behaviour

SWBAT discuss origins of violence in society with reference to various research

SWBAT discuss and evaluate strategies for reducing violence and the

short-term and long-term exposure to violence

**Human Relationships LOA - Interpersonal Attraction, Love, Marriage**

SWBAT to understand and evaluate the influence of biological, cognitive, and sociocultural factors relating to human relationships and appropriate research from these areas

SWBAT discuss biological, psychological, and social origins of attraction

SWBAT discuss the roles of communication and cultural differences in the

formation, maintenance, and end of relationships

**Sports Psychology LOA - Introduction**

SWBAT understand and discuss the biological, cognitive, and sociocultural factors related to behaviour in sport

SWBAT name the assumptions, methods, strengths, and weaknesses of Sports Psychology

SWBAT discuss theories relating to arousal and anxiety in athletic performance

**Sports Psychology - Performance Enhancement**

SWBAT describe and evaluate four theories of motivation in sport citing

appropriate research

SWBAT discuss roles of coaches, team cohesion, drugs, burnout , chronic

injury, and stress

SWBAT evaluate techniques for skill development

**Assessments**

**Biological LOA Review**

Worksheets based on IB Biological LOA objectives

Test

**Cognitive LOA Review**

Worksheets based on IB Cognitive LOA objectives

Test

**Sociocultural LOA – Introduction**

Worksheets

Test

**Sociocultural LOA – Sociocultural Cognition**

Worksheets

Test

Activities

Video viewing guides

**Sociocultural LOA – Sociocultural Mechanisms**

Worksheets

Test

Drawings and graphs

**Individual Assessment**

IB mandated Individual Assessment

**Human Relationships LOA – Introduction**

Worksheets

Readings and study guides

Viewing guides

Test

**Human Relationships LOA - Interpersonal Attraction, Love, Marriage**

Worksheets

Readings and study guides

Observations and surveys

Experiment

Test

**Sports Psychology LOA – Introduction**

Worksheets

Internet research

Viewing guides

Test

**Sports Psychology – Performance Enhancement**

Worksheets

Viewing guides

Experiments

Test

**Core Topics**

**Biological LOA Review**

All 13 IB Objectives for the Biological LOA

**Cognitive LOA Review**

All 12 IB Objectives for the Cognitive LOA

**Sociocultural LOA – Introduction**

Outline principles that define the Sociocultural LOA

Explain how these principles may be demonstrated in research

Explain how and why certain methodologies are used in this LOA

Discuss ethical considerations related to this perspective

**Sociocultural LOA – Sociocultural Cognition**

Roles of situational and dispositional factors in bias

Errors in attributions

Evaluation of various theories

Social Learning Theory and its base studies

Evaluating research on conformity to group norms

Factors influencing conformity

**Sociocultural LOA – Sociocultural Mechanisms**

Terms and definitions related to culture, society, and sociocultural behaviours

Roles of the cultural dimension

**Individual Assessment**

Entire IA per IB guidelines

**Human Relationships LOA – Introduction**

Principles, methods, strengths, and weaknesses of the Relational LOA

Major research studies

Social motivation techniques

Prosocial, altruistic, and antisocial behaviour

Sociocultural influences on the above

**Human Relationships LOA - Interpersonal Attraction, Love, Marriage**

Biological, psychological, and social origins of attraction

Violence in society

Starting, maintaining, and the end of relationships

**Sports Psychology LOA – Introduction**

Extent of biological, cognitive, and sociocultural factors in sport

Major research in the area of sports psychology

Drug use in sports

**Sports Psychology – Performance Enhancement**

Theories of motivation in sport

Role of coaches, team cohesion

**Specific Content**

**Biological LOA Review**

All IB Objectives for the Biological LOA including all examples

**Cognitive LOA Review**

All IB Objectives for the Cognitive LOA including all examples

**Sociocultural LOA – Introduction**

Social Identity Theory

Social Learning Theory

Bias, attribution, actor-observer discrepancy, stereotypes, prejudice

General Aggression Model

**Sociocultural LOA – Sociocultural Cognition**

Social Impact Theory and Social Learning Theory

Lawrence Kohlberg and Stanley Milgram experiments

Fundamental Attribution Theory

Compliance techniques

Group dynamics

**Sociocultural LOA – Sociocultural Mechanisms**

Terms and definitions related to culture, society, and sociocultural behaviours

Roles of the cultural dimension

Columbine Massacre and criminal behaviour

**Individual Assessment**

Entire IA Per IB guidelines

**Human Relationships LOA – Introduction**

The extent to which biological, cognitive, and sociocultural factors influence

human relationships

Altruism, prosocial, antisocial behaviours

Bystanderism

Social Motivation Theory

Theories of John Kohlberg and Stanley Milgram

**Human Relationships LOA - Interpersonal Attraction, Love, Marriage**

Theories of human attraction and research supporting each

Role of communication in relationships

Why relationships change and end

Sociocultural explanations of violence

Two strategies for reducing violence

Effects of short-term and long-term exposure to violence

**Sports Psychology LOA – Introduction**

Hans Selye’s studies on stress and motivation

Cognitive-evaluation theory, achievement goal theory, self-efficacy theory

Performancing enhancing drugs

**Sports Psychology – Performance Enhancement**

Role of goal-setting

Optimal arousal theory, inverted ‘U’ hypothesis, drive theory, reversal theory

Team cohesion: aids and barriers

Responses to chronic injury: stress-based model, grief reaction response,

relaxation and visualization techniques

Causes and prevention of burnout: cognitive-affective stress model, negative

training stress model, investment model

**Resources**

**Biological LOA Review**

Text

Lecture

Internet Research

Various worksheets based on the IB Biological LOA Objectives

**Cognitive LOA Review**

Text

Lecture

Internet Research

Various worksheets based on the IB Cognitive LOA Objectives

**Sociocultural LOA – Introduction**

Text

Lecture

Internet Research

Various readings and videos

**Sociocultural LOA – Sociocultural Cognition**

Text

Lecture

Internet Research

Various readings and videos

**Sociocultural LOA – Sociocultural Mechanisms**

Text

Lecture

Internet Research

Various worksheets based on the IB Sociocultural LOA Objectives

**Individual Assessment**

Text

Lecture

Internet Research

Previous notes and information

**Human Relationships LOA – Introduction**

Text

Lecture

Internet Research

Various readings

Activities, observations, and experiments

**Human Relationships LOA - Interpersonal Attraction, Love, Marriage**

Text

Lecture

Internet Research

Various readings

Activities and observations

Various worksheets based on the IB Human Relationships LOA

**Sports Psychology LOA – Introduction**

Text

Lecture

Internet Research

Various readings

Guest speakers

Videos

**Sports Psychology – Performance Enhancement**

Text

Lecture

Internet Research

Various readings

Various worksheets based on the IB Biological LOA Objectives